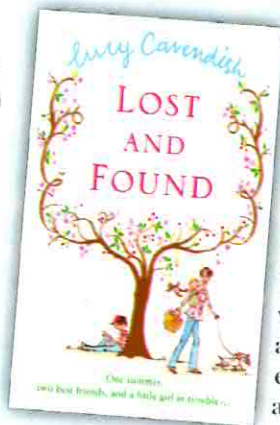


LOST AND FOUND

Lucy Cavendish (PENGUIN, £6.99)

Mummy-lit is a tricky genre: there's often too much baby sick and too little bonking. Plus, you run the risk of turning off the non-breast-feeding demographic. Too many Manolos and not enough Montessori, however, and you can wave goodbye to the lucrative pregnancy pound. But *Lost And Found* is the second outing for slummy mummy heroine Samantha Smythe, and as we rejoin her, she's facing what should be an idyllic summer with her three children, adoring husband and new au pair.



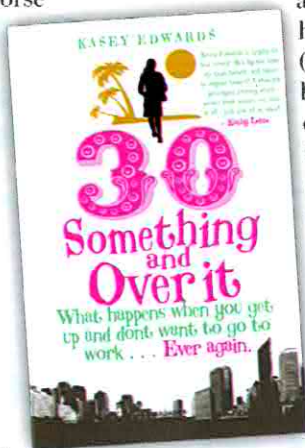
However, when the au pair seems to be more interested in emptying the local off licence than caring for the children, the hubby's off enjoying champagne-fuelled breakfasts with his young assistant and – due to an irresponsible friend leaving her daughter on Sam's doorstep – her three children have now become four, things have become very tricky. Add to the mix a famous (and gorgeous) ex-footballer neighbour and a regimented fertility plan and chaos ensues. Whether you've got ten children or none, it's a sweetly funny read. ★★★★★ JOHOARE

The Big Read!

30 SOMETHING AND OVER IT

Kasey Edwards (MAINSTREAM PUBLISHING, £6.99)

We've all been there – you wake up after a heavy night on the Pinot and can't think of anything worse than dragging yourself into work. Or perhaps you have a day of back-to-back meetings that you just can't face. It happens to the best of us, but what do you do if you wake up and desperately don't want to go back to your job ever again? This is exactly what happened to Kasey Edwards – one day she's a high flier in a multinational company, the next she's more obsessed with the local pet shop's puppies than her



career. Kasey continues working to pay the bills, but simultaneously begins a life-altering journey with her best friend Emma (who's also feeling suitably bored with life) to find out what *really* makes them happy. For Emma, dabbling in booze and tanned torsos is the answer, but Kasey needs more. Packed with brilliantly funny anecdotes, this hilarious memoir had us giggling from the start – and made us realise we're not the only ones confused by the sheer enormity of life. OUT NEXT WEEK ★★★★★ KAREN EDWARDS

HEAT'S TOP 10

BOOKS

THE BEST BOOKS FOR YOU TO BE READING RIGHT NOW!



1 THE GIRL NEXT DOOR
ELIZABETH NOBLE (MICHAEL JOSEPH, £12.99)
Elizabeth's latest is a poignant page-turner that follows a close-knit group of New York neighbours whose lives become entwined. ★★★★★



2 THIS CHARMING MAN
MARIAN KEYES (MICHAEL JOSEPH, £7.99)
Four different women become entangled with one man. This slightly dark tale has Marian's magic all over it. ★★★★★



3 GORDON RAMSAY'S GREAT BRITISH PUB FOOD
GORDON RAMSAY & MARK SARGEANT (HARPER COLLINS, £20)
Gordon focuses on pub grub with these (mostly) easy recipes. ★★★★★



4 New Entry 30 SOMETHING AND OVER IT
KASEY EDWARDS (MAINSTREAM PUBLISHING, £6.99)
Kasey has a problem – she never wants to work again. An honest and funny memoir. OUT NEXT WEEK. SEE REVIEW ★★★★★



5 WHAT MY BEST FRIEND DID
LUCY DAWSON (SPHERE, £6.99)
Following in the footsteps of her debut novel, Lucy's exciting second offering is the perfect dark twist on traditional chick-lit. ★★★★★



6 New Entry LOST AND FOUND
LUCY CAVENDISH (PENGUIN, £6.99)
Samantha is juggling a boozy nanny, a flirtatious husband and too many kids. A hot new man soon livens things up... SEE REVIEW ★★★★★



7 TELL ME SOMETHING
ADELE PARKS (MICHAEL JOSEPH, £6.99)
Elizabeth's life is perfect. But add a mother-in-law from hell and her husband's ex and the dream soon disintegrates. NOW IN PAPERBACK ★★★★★



8 HONOUR THYSELF
DANIELLE STEELE (BANTAM, £17.99)
Think Steele is more for your mum than for you? This tale of an A-list movie star left in a coma is so gripping it may change your mind. ★★★★★



9 THE WINNER STANDS ALONE
PAULO COELHO (HARPER COLLINS, £14.99)
Coelho's twelfth novel explores our obsession with celebrity and what it takes to bring the fame-hungry back down to earth. ★★★★★



10 DELIA'S COMPLETE HOW TO COOK
DELIA SMITH (BBC BOOKS, £30)
BBC Books have combined Delia Smith's three volumes of basic cooking tips to make a 700-page extravaganza! ★★★★★

Reviews Extra!



JOIN HEAT'S BOOK CLUB!

EACH MONTH, WE'LL BE RECOMMENDING OUR FAVOURITE MUST-READ NOVELS...

What is it? Do you think *Gone With The Wind* is the sort of novel that's more your nan's territory than yours? Think again: Margaret Mitchell's classic love story actually has all the hallmarks of a perfect chick-lit read – it just happens to be set in the American South during the Civil War. It remains one of the most popular books of all time, and took a whole ten years to write!
What's the story? Feisty lead character Scarlett O'Hara is desperately besotted with Ashley Wilkes, but unfortunately for her, he's the one man she can't have. She has plenty of other suitors, though, and it's her third marriage – to the charming but disreputable Rhett Butler – that causes the most drama and will have you devouring every page.

WHY WE LOVE IT...

-  "This is a must-read for anyone who loves being swept up in a compelling love story." **Olivia Cooke, Associate Digital Editor**
-  "This story is told so honestly and emotionally that you can't help but get caught up in Scarlett's world." **Karen Edwards, Dep Reviews Ed**
-  "Drama, men and tears, all set against a fascinating period of history. What more do you want?" **Ellie Crompton, Style Editor**